



## NASA TV and Web to broadcast live messages from President, CD

## KSC Fitness Centers specialize programs for employees with disabilities

▲ **Messages broadcast from NASA leaders:** On Jan. 15, NASA Administrator Sean O'Keefe is hosting a NASA update for employees at 11:30 a.m. regarding President George W. Bush's Space Vision announcement. On Friday, Jan. 16, Center Director Jim Kennedy, Congressman Dave Weldon and Congressman Tom Feeney are holding a Town Hall meeting at 8:30 a.m. with questions and answers. They will discuss KSC issues related to the President's announcement. You can view both updates live on the web at <http://www.ksc.nasa.gov/nasa-only/internal.html> or NASA TV, channel 7.

▲ **Adapted physical activity at the KSC Fitness Center:** The Fitness Center has developed an exercise program geared toward persons with disabilities and can be customized for any special needs. The purpose of this program is to help improve health and fitness levels through an individualized program of exercise, and therefore improve quality of life. All participants with varying disabilities can participate. The Fitness Center's goal is to help enhance productivity, effectiveness and longevity of the entire KSC workforce. Call 867-7829 or 861-3028 to request a program designed for your specific needs through cardiovascular training, strength and muscular training and flexibility exercises. Exercise and/or adapted physical activity programs for home use are available that the Fitness Center can teach you, tailored for your needs.

◆ **KSC Bi-Annual Environmental & Energy Awards nominations due Feb. 6** – Employees are invited once again to participate in the 2004 KSC Bi-Annual Environmental & Energy Awards call. The award is given to an individual or team recognizing their contributions and/or successful operations in preserving the environment, conserving energy and reserving natural resources while reaching for the stars. The categories are: (a) Affirmative Procurement, (b) Education, Outreach, and Awareness,

(c) Energy Conservation, (d) Environmental & Energy Leader, (e) Hazardous Waste, (f) Historic/Archaeological Preservation, (g) Natural Resources/Habitat Conservation, (h) Recycling (i) Waste Prevention, and (j) Water Conservation. Nominations to the *Environmental & Energy Awards Program* are due by close of business Friday, Feb. 6, to TA-C3/Barbara Naylor. For nomination forms, contact Barbara Naylor at 867-8452 or e-mail [Barbara.A.Naylor@nasa.gov](mailto:Barbara.A.Naylor@nasa.gov). The date for the Bi-Annual Awards Ceremony has not been scheduled. The ceremony should take place sometime in March.



◆ **NASA Science News** – Using a new device in Earth orbit, NASA and the National Weather Service are working together to improve 3- to 12-hour forecasts of severe weather. Go to the

Web at [http://science.nasa.gov/headlines/y2004/09jan\\_sport.htm](http://science.nasa.gov/headlines/y2004/09jan_sport.htm) for the full story.

◆ **Did You Know? NASA Safety Training Center (NSTC) Classes and Florida's Professional Engineer (PE) License** – The NSTC in Houston recently received approval for PEs to obtain continuing education (CE) credits for any NSTC class they attend. The NSTC offers CE credits for most of their classes and this will help engineers who are members of the Florida Board of Professional Engineers maintain their license. Additionally, it will save training money. Since it is a requirement of the Florida Board that PEs take CE credits to remain in good standing, the classes NSTC offers will help engineers accomplish this task.